Get the book that will change your life forever.

Cathlene Miner

"Pay it Forward" Takes a New Spin from Poverty to Power



Never Settle! This is the mantra that Cathlene Miner adopted as a teen and single mom struggling to make ends meet through fitness coaching and cleaning houses...until she tapped into the power of **Manifesting Magic!**

Uninspired & Overwhelmed proved to become Cathlene's greatest asset as she embarked on a powerful journey of healing and thriving from the inside out. Now heralded as #1 Best Selling Author of <u>The 30 Day Self Perception Makeover!</u> Public Speaker, Fitness Expect & Coach, and President of Non-Profit Helping Handbags, USA, Inc., Cathleen is changing lives and organizations for the better.



From the founder of Manifesting Magic in your everyday life ©, wife, mother of 4 and grandmother to 2, Cathlene Miner applies 26 years of experience in the coaching, speaking and fitness industry, and having owned multiple successful businesses herself, to offer the tools to a Healthy Self-Perception that will ignite a journey to everything desired with as little as one hour per week to catapult real change!

* Manifest Health * Money *
Relationships * Body Image *
Weight Loss * and more!

- Use your subconscious mind as a path to better health and heal a negative body image.
- Stop endless comparison and caring what others say and think about us.
- Attract the "perfect for you" relationships.
- Have a lasting sense of motivation and self-confidence.
- Feel amazing in your body.
- Rock that business and family life at the same time.



Cathlene works with organizations that seek to make dramatic changes, uniquely customized, to manifest desired results, and sustain growth and prosperity. Cathlene implements proven systems that are uniquely customized for every person or organization that she collaborates.



Cathlene is also President of Helping Handbags, USA where she collects once loved handbags, fills them with necessities and donates them to women that are staying in shelters and are getting back on their feet again.

They take this concept a step further by taking donations for amazing once love handbags and filling them with the necessities that each organization is in need —promoting kindness, sharing stories, and the feeling of not being alone. By doing this they are able to contribute to these women taking inspired action, giving them hope as they are on their way to living the life that they desire. Once the bags are donated, each one is cleaned and handpicked based on their guests that are in their program. The donations are sorted, and the handbags are filled with specific items for each unique organization, and then delivered.

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